

Art Education and Cultivation of Students' Aesthetic Ability

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Abstract: With the rapid development of contemporary society, people's aesthetic requirements are becoming more and more strict and diversified, so it is extremely important to cultivate students' aesthetic ability, so it is an important way to improve students' comprehensive quality through art education so as to influence students' aesthetic ability. Therefore, according to the reality of art education in the current general education system, the necessity of developing aesthetic ability is analyzed, and the way of using art education to enhance students' aesthetic ability and aesthetic taste is put forward in due course.

1. Introduction

Through the art education of students can enhance students at different ages of an aesthetic ability. Because with the follow-up of the comprehensive quality education now implemented in our country, all the schools at all levels are improving the art education, taking the work of art education as an important link to effectively enhance the students' aesthetic ability. However, there are still many problems in the actual teaching process, so strengthening the art education for students is conducive to speeding up the reform of art education, and has a very important role. It is necessary to cultivate students' aesthetic ability through feeling, creation, appreciation and expression in the teaching process of art education. Emphasis on the students to consciously and systematically lead the students to discover beauty, understand beauty, feel good, performance good, so as to more effectively cultivate students an aesthetic ability.

2. A Basic Situation of Cultivating Students' Aesthetic Ability in Art Education

As we all know, art is a subject that can cultivate students' appreciation level and bring people visual enjoyment and make people feel physically and mentally happy. In the present situation, the art education in our country is based on explaining all kinds of art knowledge and appreciating some art works to enhance students' aesthetic ability and cultivate students' aesthetic taste. But from the teaching means and the final teaching effect, it has not been able to achieve the desired effect of improving students' aesthetic ability completely, which is the result of a teaching method which is more theoretical but less practical in the process of re-education [1]. Therefore, it is necessary to change the present situation quickly to explore a new and effective teaching method.



Figure 1 Art works

3. The Necessity of Using Art Education to Enhance Students' Aesthetic Ability

3.1. Strive to Cultivate a Humanistic Spirit Among Students

In the field of art, humanistic spirit is mainly to emphasize a person to pursue their own self-realization value and self-care, so through the cultivation of humanistic spirit can be very effective to promote the rapid development of material civilization in society. As an important part of cultivating humanistic spirit, art education is a process of shaping individual soul, and it is also an important way to cultivate students to become a noble moral sentiment and to form a self-seeking and clear goal. Therefore, after the promotion of aesthetic ability, the ultimate goal is to be able to find in this life there are a lot of good, and then to love life, love all kinds of people or things in life, adopt a positive and optimistic attitude to their own life and living environment, in fact, this is also an important embodiment of the humanistic spirit.

3.2. Actively Develop Students' Creative Abilities

In the creation of art works, it is itself a process of innovation, students through self-thinking, the use of brush to create a novel, brand-new picture world, not that is the embodiment of the humanistic spirit in life, but also an abstract and creative thinking fusion of a process. It can be seen that the cultivation of art education is a very important way to create innovative talents, so in a key stage of the current supply-side structural reform program in our country, the use of art education to cultivate students' aesthetic ability and various other abilities can meet the needs of our country to build an innovative country [2].



Figure 2 Works of art

3.3. Current Demand for Contemporary Art Education

Now the actual situation shows that in our country, no matter all levels of primary and secondary schools, there are symbolic to carry out a series of art education, but the actual situation is different teaching effect. In kindergarten and primary school art education teachers and teaching effect is actually uneven; in junior high school and high school, the daily homework is relatively busy, so the art curriculum appears dispensable, basically more ignored. Finally, in the university stage, except for the individual colleges and universities majoring in fine arts, the other colleges and universities basically set up the cultivation of fine arts as an elective course, so the humanities art has great obstacles in the cultivation and teaching expansion. It can be seen that at every stage of the process of growing up, art education has formed an awkward situation, big or small, the root cause of this situation is that the school, teachers, parents and students have not yet realized the importance of art education.

4. Effective Way to Use Art Education to Enhance Students' Aesthetic Ability

4.1. Actively Develop Students' Interest in the Art Course

In the teaching process to adhere to people-oriented, and from childhood to cultivate students

interest in the art course, actively guide students to participate in the daily art learning. As an art teacher, we should try our best to explore the methods of reforming art teaching, enrich the teaching methods and contents of art teaching, and then design a teaching system according to the actual situation for all kinds of students of different ages, so as to arouse students' interest in studying art and achieve a goal of pleasant education. At the same time, we should also pay attention to guiding students to observe carefully, be good at discovering the beauty in this nature, in social life and in all kinds of art fields, and finally arouse students' love for the world in which they live, and then strive to improve students' aesthetic ability and the ability to appreciate good things.

4.2. Active Introduction of Innovative Curricula

In our current traditional teaching methods, most of the low-age, non-basic students learn art, teachers to paint, and then students according to the gourd painting ladle way to learn painting. But the high age, the foundation student, mostly uses the fine arts appreciation or lists each kind of fine arts work, then goes to watch and explains primarily, this kind of teaching form is extremely boring and backward. Therefore, we should actively explore a new curriculum to enhance students' aesthetic ability. Therefore, we should improve students' participation and learning enthusiasm, find the main aesthetic in the works, so as to improve students' aesthetic ability and appreciation ability.



Figure 3 Works of art

4.3. Actively Guide Students to Actively Observe the Beauty of Everyday Life

As we all know, art is derived from the people or things in everyone's daily life, in our daily life, all kinds of people or things in fact have their own aesthetic appreciation value. To cultivate students' aesthetic ability and appreciation ability is actually ultimately to develop students to learn to use the appreciation of the vision of their own life to find all kinds of good people or things, and strive to become a positive and optimistic efforts of the people. Therefore, teachers should not only guide students to appreciate all kinds of art works, but also guide students to appreciate all kinds of objects, all kinds of things and different people in our daily real life, which is very important. For example, when leading students to appreciate the iconic buildings of our country's cities, while making them sigh about the grandeur of our motherland's architecture, they should also think about the rich cultural value and its historical significance behind the building, so that they can reach the realm of the past and the present. It is hard-won to feel the beauty of the world's natural environment and the beauty of the humanities and culture. At the same time, they should also enhance their enthusiasm and initiative in self-learning, while experiencing the visual impact and enjoyment brought by aesthetic art, while enhancing their aesthetic ability.

5. Summary

To sum up, it is a very important way to improve the students' aesthetic ability through art education. Because the improvement of aesthetic ability and appreciation ability has an extremely important influence on their study, life and attitude towards their own life in the future, and it is also

an important content to improve their self-comprehensive literacy. Therefore, we should pay attention to the students' art learning degree, actively guide the students to learn to discover the beauty in life, to understand the beauty around them, to analyze the beauty in the eyes, to perceive all kinds of beauty in the world, and finally to create beauty. We should pay full attention to art education and art creation, understand the importance of art as much as possible, and actively develop a practical and effective art education curriculum suitable for the present situation and in line with the students' current reality.

References

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